

Explore The Spokane River Water Trail

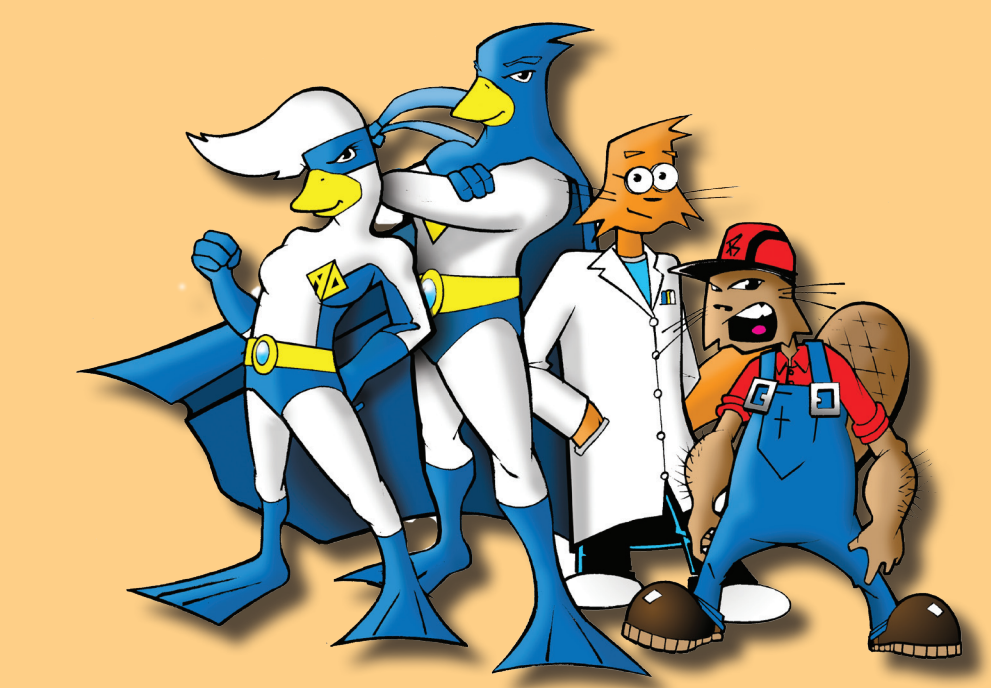
Let's Protect, Preserve and Enjoy It

www.spokanewatertrail.org

Be a Good Steward

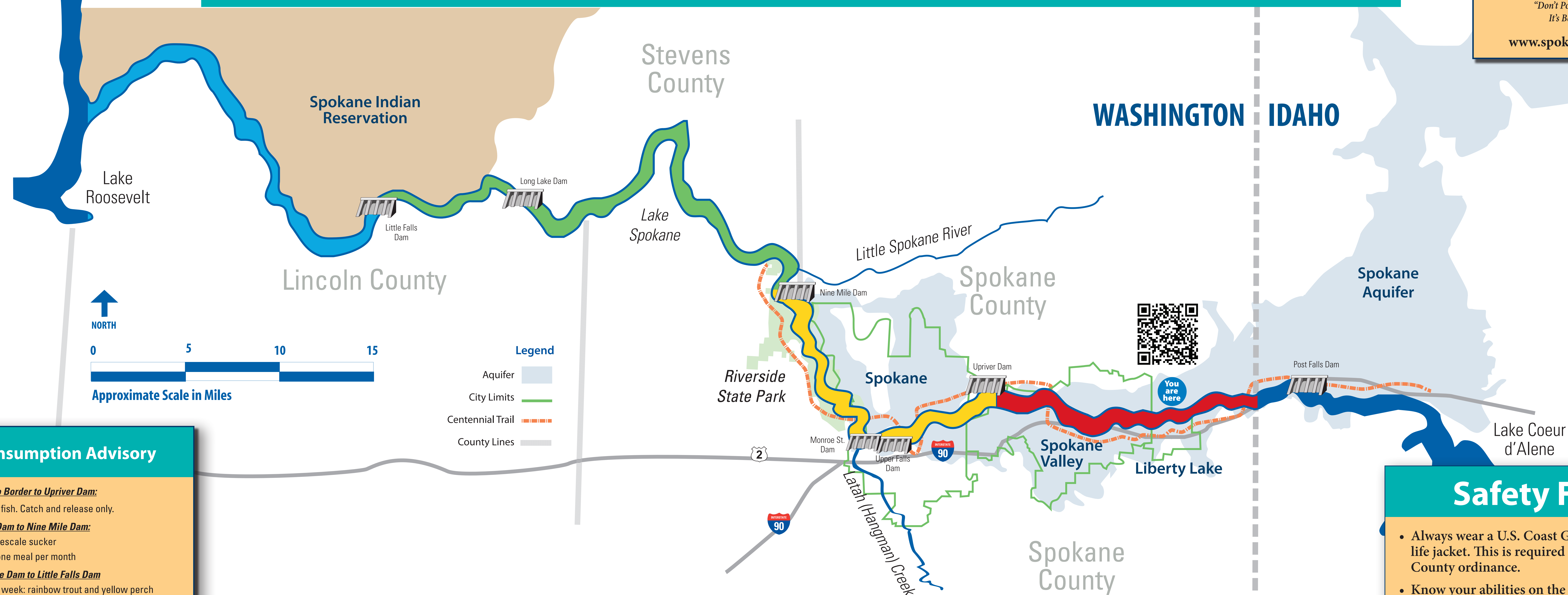
- Pack it in, pack it out
- Dispose of waste properly
- Leave habitat the way you found it
- Remove litter

Protect Our Aquifer



"Don't Pollute Our Water,
It's Beneath You!"

www.spokaneaquifer.org



Fish Consumption Advisory

- From the Idaho Border to Upriver Dam:**
Do not eat any fish. Catch and release only.
 - From Upriver Dam to Nine Mile Dam:**
Do not eat largescale sucker
All other fish, one meal per month
 - From Nine Mile Dam to Little Falls Dam:**
Two meals per week: rainbow trout and yellow perch
One meal per week: mountain whitefish
One meal per month: brown trout and largescale sucker
 - From Little Falls to Lake Roosevelt:**
Two meals per month: walleye
Four meals per month: sucker or burbot
- Statewide Mercury Advisory:** Women who are or plan to become pregnant, nursing mothers, and young children should not eat northern pikeminnow and limit largemouth and smallmouth bass to two meals per month.

For more information, call Spokane Regional Health District:
509 324-1574
www.srhd.org

Safety First

- Always wear a U.S. Coast Guard approved life jacket. This is required by Spokane County ordinance.
- Know your abilities on the river
- Know river flows and conditions
- Observe warning signs and never boat immediately above or below a dam
- Use proper clothing and equipment
- Bring a buddy
- Carry a first aid kit



Inland Northwest Drowning Prevention
Coalition www.indpc.org

